



Carers Advocacy

A free, friendly and independent service, for those with a caring role, who live in Flintshire, Wrexham or Denbighshire.

This Service is funded by:

In Flintshire:



In Wrexham and Denbighshire:



April 2015 - March 2018

as part of the
Big Lottery Carers Wellbeing Project (NEWCIS).

A Carers Advocate can help you to ...

- ✓ Think through choices you have.
- ✓ Talk through any courses of action you may wish to follow and any possible consequences.
- ✓ Speak up for yourself or, if you'd prefer, they can speak up on your behalf.
- ✓ Represent your views when you ask them to.
- ✓ Refer you to other appropriate agencies and to accompany you if necessary and where practicable.
- ✓ Challenge discrimination.
- ✓ Promote independence.
- ✓ Take control of your life

'Changing lives for the better'

Our mission statement

We do this by helping people say what they want, to secure their rights, to represent their interests and to obtain the services they need.

ASNEW works in partnership with the people they support and take their side.

Advocacy promotes social inclusion, equality and social justice.

Contact us:

☎: 01352 759332

Fax: 01352 219269

✉: Carers@ASNEW.org.uk

🌐: www.ASNEW.org.uk

1st Floor Offices, 42 High Street,
Mold, Flintshire CH7 1BH



Eiriolaeth Gofalwyr

Gwasanaeth cyfeillgar ac annibynnol am ddim, i'r rheiny sydd â rôl o ofalu ac sy'n byw yn Sir y Fflint, Wrecsam neu Sir Ddinbych.

Fe ariennir y gwasanaeth hwn gan:

Yn Sir Y Fflint:



Yn Wrecsam a Sir Ddinbych:



ARIENNIR GAN Y LOTERI
LOTTERY FUNDED



April 2015 - March 2018

Gall Eiriolwr Gofalwyr eich helpu i...

- ✓ Ystyried y dewisiadau sydd gennych chi.
- ✓ Trafod unrhyw lwybr y gallech fod eisiau ei ddilyn ac unrhyw ganlyniadau posibl.
- ✓ Siarad drosoch eich hun neu, os byddai'n well gennych chi, fe allan nhw siarad ar eich rhan.
- ✓ Cynrychioli eich barn pan ofynnwch chi iddyn nhw wneud hynny.
- ✓ Eich atgyfeirio at asiantaethau priodol eraill a mynd efo chi os oes angen a phan fydd hynny'n ymarferol.
- ✓ Herio gwahaniaethu.
- ✓ Hyrwyddo annibyniaeth.
- ✓ Rheoli eich bywyd eich hun

'Yn newid bywydau er gwell'

Ein datganiad o fwriad

Byddwn yn gwneud hyn drwy helpu pobl i ddweud beth sydd arnyn nhw ei eisiau, i ddiogelu eu hawliau, i gynrychioli eu buddiannau ac i gael y gwasanaethau y mae arnyn nhw eu hangen.

Bydd ASNEW yn gweithio mewn partneriaeth â'r bobl y maen nhw'n eu cefnogi ac yn ochri â nhw.

Bydd Adfocatiaeth yn hyrwyddo cynhwysiad cymdeithasol, cydraddoldeb a chyfiawnder cymdeithasol.

Cysylltwch â ni:

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